

Presentation 1.1

Course Introduction:

*Using the Essential Nutrition
Actions Approach
to Improve the Nutrition of
Women and Children
in Indonesia*



Overall Goal:

To be able to prioritize the key nutrition behaviors which meet the health and nutrition needs of children and women in vulnerable communities, and integrate these behaviors into:

- ✓ ongoing interventions in health facilities and communities,
- ✓ pre-service training, and
- ✓ policies.



Objectives -1

By the end of the course, we shall be able to:

1. Describe the causes and consequences of common nutritional problems in Indonesia;
2. Describe the Essential Nutrition Actions for maternal and child nutrition;
3. Recite the main key messages for each of the Essential Nutrition Actions;



Objectives -2

4. Identify the key contacts where the Essential Nutrition Actions should be implemented;

5. Develop action plans to integrate the ENA approach into ongoing interventions in health facilities and communities.

